

## **Lessons learned from users coping with password based authentication**

Kevin Shaffer  
Fort Hays State University

Strong passwords are needed to protect information systems, but users have difficulty remembering complex passwords. They use many strategies to cope with the requirements placed upon them by system administrators. This leads to a number of misconceptions about password usage. Misconceptions lead to detrimental policy and reduced security. This presentation offers recommendations on improving security by avoiding such misconceptions.